

Charlotte Breckell

Case Manager

AMS Case Management



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Personal Profile

I am a compassionate, caring and hardworking Case Manager with a background in occupational therapy.

I have 6 year's experience working within the NHS as an Occupational Therapist. I have worked as a specialist within both general and neurological rehabilitation services for the past three years.

I am passionate about supporting individuals to achieve their full potential post life changing injury. My aim is to support people to regain a sense of self, purpose and ability engage in the activities that are meaningful to them.

I am keen to support individuals to achieve the best outcomes to improve their quality of life, I am fully aware that there are many factors that influence this. I believe my excellent communication, organisation and rapport building skills enable me to excel within the role of Case Manager.

My skills and experience enable me to manage the rehabilitation and care needs of individuals with life changing injuries. My holistic approach helps me assess and identify realistic multidisciplinary goals and work collaboratively with the client, their family and other professionals to procure the best outcomes for the client.

Education and Qualifications

- BSc (hons) Occupational Therapy
1:1 University of Derby

Professional Registrations and Memberships



Professional Employment

AMS Case Management – Case Manager

November 2023 - Current

- Undertaking assessments of physical, communication, interaction and cognitive skills of clients who have suffered the trauma of catastrophic injury or an acquired brain injury.
- Providing advice and arranging support for family members, carers, and clients
- Establishing treatment goals.
- Planning and providing appropriate treatment and activities.
- Co-ordinating treatment plans in line with other healthcare professionals.
- Liaising with family members, carers, and other professionals.
- Evaluating the need for interdisciplinary referral.
- Assessing treatment success at multi-professional case conferences/meetings.
- Providing accurate, timely documentation of treatment.
- Reviewing progress and planning further treatment.

East Lancashire Hospitals NHS Trust – Specialist Neuro Occupational Therapist

October 2022 - November 2023

- Working as 'key worker' taking a lead role in co-ordinating the individual's rehabilitation, including; communicating with the MDT, families and outside agencies, reviewing and monitoring goals/progress, discharge planning etc.
- Assessing and provision of specialist equipment.
- Property visits to assess environmental suitability for discharge needs.
- Leading case review meetings with the individual, their families, immediate MDT and external MDT e.g. social services.
- Completing risk assessments and risk management planning whilst focusing on a positive risk-taking approach.
- Cognitive and functional assessments.
- Postural management assessment and treatment focusing on a 24 hour approach.
- Supporting with return to work and vocational rehabilitation.
- Upper limb rehabilitation.
- Education to patients, family and staff re: neurological injuries.

East Lancashire Hospitals NHS Trust Specialist Occupational Therapist

April 2020 - October 2022

- Completing a comprehensive OT assessment of the patient's needs, devising a rehabilitation plan to support the patient in a holistic manner, setting SMART goals.
- Building rapport with patients and families.
- Formulate robust discharge plans. Working alongside multiple agencies including but not limited to Age UK, home first, IHSS and IDSTT to ensure that discharge plans were appropriate, holistic, safe and timely.
- Work effectively as part of the MDT, advocating for patient needs, liaising with colleagues and championing the role of the therapy team on the ward.
- Adapting my communication to enhance the understanding of the patients e.g. using written information, visual images, simplifying terminology for patients with cognitive impairment and other communication impairments such as receptive and/or expressive dysphasia.
- Complete joint assessments whilst respecting professional boundaries and our unique professional roles.
- Managing a team of staff. Staff wellbeing champion.

Additional Information

- ☒ Full clean driving licence
- ☒ Personal references and DBS information available on request
- ☒ For further references and testimonials please see our website www.amscm.co.uk

Regulated by

